



Use the 'economy' cycle on washing machines & dishwashers. They're programmed to use less water.

Every unit we use in the home, has to be created and transported. It takes energy (gas or electricity) to create electricity.

Try to use Laundry sheets in the washing machine. Less packaging, and the cardboard can be composted or recycled.

Batch cook if you can.

Use a slow cooker or steamer.

Buy local produce, reduce food miles.

Switch to LED Lights - these can be recycled.

Turn the thermostat down by 1 degree.

Swap to a renewable energy supplier

Turn plugs off at the wall. Is it necessary to be on standby?

CLIMATE AWARENESS INFORMATION

Turn lights off when leaving the room.

Walk or cycle where you can. Good for health

Try to use a cloth nappy occasionally rather than disposable.

Put lids on saucepans. Remember to turn the heat down.

If you use a printer, think about this;

- Eco-friendly fonts. Ryman Eco uses 33% less ink. (download for free)
- Century Gothic, switching from Arial to Century Gothic uses up to 30% less ink.

Join our Clothes Swap later in the year. A joint event with Climate Awareness, Timebank and Abri. Look out for details on 'Composting' another joint event.

If you would like to keep in touch with us to exchange ideas, contact: chairmanclimateawarenes@whitehilltowncouncil.gov.uk

Anything we can do to reduce our carbon footprint. Helps the planet.